

ANNUAL REPORT OF SOCIETY FOR YEAR 2022-23

- 1. Water Conservation Programme:** Premdeep Foundation is working in the area of water conservation since last 25 years. It focuses throughout the country to achieve the developmental command of community by making social, economic and environmental changes. As water conservation is the main objective, Premdeep Foundation mainly works to construct water reservoirs / ponds in the semi-draught areas of Madhya Pradesh. In recent years, the society has extended its work in other fields as well. The foundation works with the communities for water conservation and storage by constructing and re-establishing the basic structure. It also plays important roles about the re-survival of traditional water sources, building of water storage dams and needs of water conservation. Furthermore, Premdeep Foundation in association with others also helps for continuous reform and renovation through low-costing water management and conservation processes.



- 2. Cultural Activities- Himalayan Cultural Programme:** Premdeep Foundation from time to time had played important roles for the conservation of national Himalayan cultural ethics and activities by organizing different seminars, programmes, meetings, lectures, etc. to build up the nation.



3. **Preservation and Development of Buddhist / Tibetan Arts and Culture:** The society has worked by organizing seminars or competitions for the community / people to introduce about the Buddhism culture and its outcomes from its origin to the present time. In this field, the some research activities were also done. Foods, clothing, residential management etc. were tried to provide to Buddh Bhikshuks, apart from trying to make the arrangement for education / training etc. to the helpless / powerless society of Buddhist. The foundation has also tried to make the needful arrangement for cleanliness and better keeping of Buddhist / ancient places.



4. **Agriculture Workshop Programme:** The society organized various workshops and seminars for farmers under the ‘**Kisan Pathshala**’ banner, wherein the farmers were trained and provided the knowledge of various governmental and non-governmental schemes. The farmers were also given the knowledge about the subsidy aided to them by the government agriculture department. The farmers were told that the “traditional based agriculture farming is not a non-profit business”, and hence they must adopt the new technique based **Organic Farming** (Jaivik Kheti). By doing this, more profits can be earned with less investment. Further, it was taught that the farmers use less chemical manure as it may loss the production power of the land / agriculture. The use of ‘Jaivik Kheti’ is advantageous to both soil and agriculture products. In this way, the farmers were self-motivated for ‘**Atmanirbhar Bharat**’.



5. Environment Programme: The society from time to time performed the ‘**Plantation**’ in different areas for the purpose of environmental conservation, and also given the knowledge about the environmental pollution and protection from it. On the ‘**Environmental Day**’, the awareness rally (Jagrukata rally) exhibition was also organized.



6. Workshops and Seminars on Science and Technology, Development, Research: The society has participated in various scientific Conferences / Meets, and achieved scientific and research related knowledge. As far as possible, many young scientists, scholars and students were helped and guided by the society. Besides, some members of the society who were interested to attend and present the research paper in the conferences / seminars, or who wanted to publish their research papers or books, were financially helped by the society. Various workshops and seminars in this regard were also conducted by the society.



7. Skill Development Programme: Under the “Skill Development”, the society has established “Hunar Kendra” and “Vidya Kendra”.

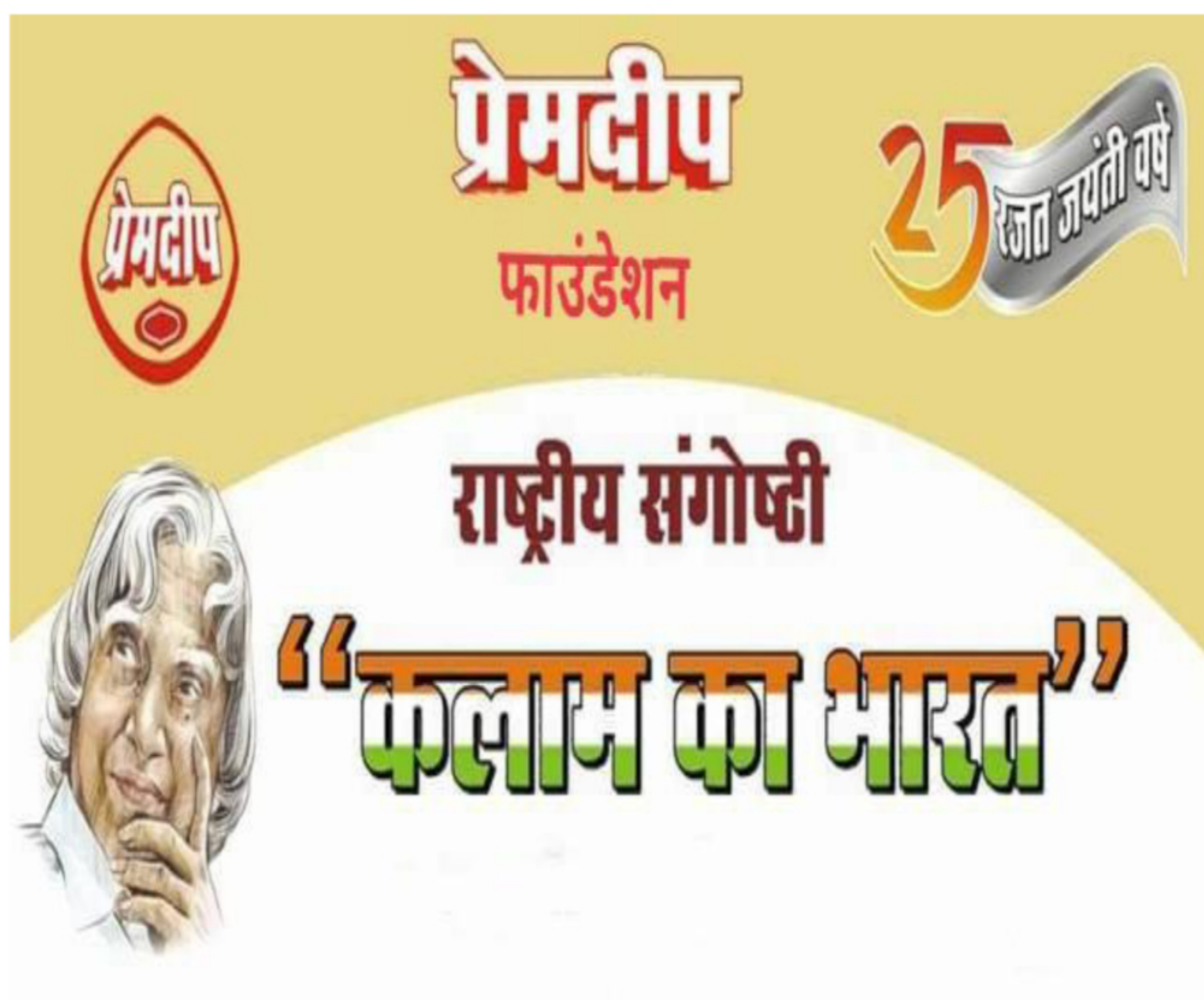
(i) Hunar Kendra- The society from time to time organized the various programmes like seminars, workshops, exhibitions, lectures, etc. for different classes of students, male and female people to explain various skill (Hunar) development schemes. By 10 sewing machines run in the ‘Hunar Kendra’, sewing-embroidery skill is being taught, through which about 100 girls and women were skilled.



(ii) **Vidya Kendra-** The society has established ‘Vidya Kendra’ for poor boys and girls to prepare the competitive examinations. In this center, about 150 students were studying in this year.



8. **Nationalism Programme:** To motivating and influencing among youth of country, the society had organized ‘Kalam Ka Bharat’ function. Likewise, “Life Theme Functions” on other great persons of India were performed by the society.



9. **Narmada Jayanti:** The society organized ‘Narmada Ki Baat, Vigyan Ke Saath’ programme on the occasion of ‘Narmada Jayanti’. The society also conducted the river conservation, cleanliness and environment related awareness activities.

नर्मदा की बात..... विज्ञान के साथ..... कुछ करें हम..... कुछ करें आप.....

❖ नर्मदा जयंती : नर्मदा की बात, विज्ञान के साथ ❖

❖ नर्मदा जयंती में पधारें श्रद्धालुओं से अपील ❖

- नर्मदा नदी में स्नान करते समय साबुन एवं शैम्पू का उपयोग न करें।
- नर्मदा नदी में प्लास्टिक एवं पॉलीथिन न बहाएं।
- नर्मदा नदी में वाहन न धोएं।
- नर्मदा नदी में कपड़े एवं जूते बर्तन इत्यादि डिस्टर्जेंट से साफ न करें।
- नर्मदा नदी के तट पर शीव किया न करें।
- शुद्ध जल, स्वस्थ कल। जन क्रांति से जन क्रांति की ओर बढ़ें।
- मां नर्मदा एवं अन्य नदियों को अविरोध व निर्मल बनाने के लिए सहयोग करें।

❖ जल संरक्षण के साधारण उपाय ❖

1. हर दिन एक पैसा काम करने का प्रयास करें जिससे जल बचाया जा सके, हर बूंद की कीमत है आपके छोटे कदमचढ़े बदलाव ला सकते हैं।
2. पानी उतना ही प्रयोग करें जितना जरूरत हो, जैसे घड़ी बनाने समय या बस करते समय नल बंद कर दें। नहाने वला सोकर की जगह बाटोरी का उपयोग करें।
3. फलों को पानी बहाकर धोने की अपेक्षा गीसे कपड़े से धोना लगाएं।
4. कोशिश करें कि आपके घर के बाहर या अंदर पानी का रिसाव न हो रहा हो।
5. सच्ची, दाल, चावल में प्रयुक्त पानी कैंके नहीं इसे पेड़ों को पानी देने के काम में तथा जा सकता है।
6. अपनी गाड़ी धोते समय घाघर की जगह बाटोरी का प्रयोग करें।
7. अपने समुदाय में समूह बनाएं जो वर्षों जल संरक्षण को बढ़ावा देता हो।
8. दिन के सबसे ठण्डे समय यानि प्रातः या सायंकाल अपने बगीचे में पानी डालें।
9. अगर कोशिश मशीन का प्रयोग करना ही है तो उसे फुल लोड पर चलायें।
10. पानी का दुरुप्रयोग रोकने के लिए हर स्तर पर कानून के द्वारा अन्य प्रचार-प्रसार माध्यमों के द्वारा प्रयास करें।

जल संरक्षण	पर्यावरण संरक्षण	स्वच्छ भारत अभियान
जल है तो कल है। जल ही जीवन है। आओ! जल संयच करें, बूंद-बूंद धरती धरें। बच्चे, बूढ़े और जवान पानी बचाव, बने महान, अब तो जाम जामों हंसान, पानी में बरत है ध्रान। आने वाले पुरतों का कुछ तो हम करें ख्याल, पानी के बगैर भविष्य भला कैसे होगा खुशहाल।	पर्यावरण है हम सबकी जान, इसलिए करो इसका सम्मान। पर्यावरण का रखें ध्यान, तभी बनेगा देश महान। घरा का आवरण हो रहा कम, आओ! पेड़ लगाएं हम। पर्य एवं सुगियों के अवरुध पर ‘पेड़े नहीं पेड़ बाटें’। पर्यावरण को न बचाया गया, तो वो दिन जल्दी ही आवेगा, जब धरती पर हर हंसान पानी-पानी ही विलस्यारगा।	स्वच्छ भारत अभियान, स्वच्छ भारत का जन अभियान, जाग रहा है हिंदुस्तान। बढ़ेगा इंडिया, जब स्वच्छ रहेगा इंडिया। स्वच्छता का कार्य अपनाओ, इसे अपना धर्म बनाओ। स्वच्छता अपनाओ, अपने घर को सुंदर बनाओ। सभी सेमों की एक ट्वाई, घर में रखो साफ-सफाई। उजबल भारत का सपना, स्वच्छ वातावरण हो अपना। हम सबने यह ठाना है, भारत स्वच्छ बनाना है। वलीन सिटी, ग्रीन सिटी, यह भेरी है ड्रीम सिटी।

PREMDEEP FOUNDATION Help us to help you

नोवल कोरोनावायरस (COVID-19)

— खुद रहें सुरक्षित, दूसरों को रखें सुरक्षित —

क्या करें **क्या करें और क्या ना करें**

- बाद-बाद हाथ धोएं। जब आपके हाथ स्पष्ट रूप से गीले हों, तब ही अपने हाथों को अल्कोहल - आधारित हैंड सैंडिस या साबुन और पानी से साफ करें।
- सींको और खांसी समय, अपना मुँह व नाक टिपू/कप्याल से ढकें।
- प्रयोग के पुरतों का धार टिपू को फिन्ती बंद डिब्बे में फेंक दें।
- अगर आपको बुखार, खांसी और खांस लेने में कठिनाई है तो होमटेर से संपर्क करें। होमटेर से मिलने के दौरान अपने मुँह और नाक को ढकने के लिए मास्क/कपड़े का प्रयोग करें।
- अगर आप में कोरोना वायरस के लक्षण हैं, तो कृपया राज्य हेल्थलाइन नंबर या स्वास्थ्य मंत्रालय की 24X7 हेल्पलाइन नंबर 011-23978046 पर कॉल करें।
- बौद्ध-भाड़ी जगहों पर जाने से बचें।

क्या न करें

- यदि आपको खांसी और बुखार का अनुभव हो रहा हो, तो फिन्ती के साथ संपर्क में न आयें।
- अपनी आँख, नाक या मुँह को न छूयें।
- सार्वजनिक स्थानों पर न आयें।

हम सब साथ मिलकर कोरोनावायरस से लड़ सकते हैं

10. **Workshops and Seminars on Handicraft and Handloom Programme:** The society through different workshops and seminars had given the knowledge to number of men and women about the central and state government schemes concerned with Khadi, Hastshilp (Handicraft) and Hathkargha (Handloom).



11. **Swachhha Bharat Abhiyan:** The society had run cleanliness activities in various areas under Swachhha Bharat Abhiyan to aware the people / community.



12. Medical Diagnosis Camp, Medicine Distribution and AIDS Awareness Programme: Free

Medical Camps in different areas were organized by the society through which the diagnosis of diseases occurred in the people of various classes and their treatments were done. In such events, suitable medicines were distributed to the needy and poor men, women and children. Furthermore, the medical and health services were provided to the economically poor and backward people of various communities. For this purpose, with the help of people, essential medicines etc. were distributed by organizing various medical camps. The society also organized the eye camps from time to time, thereby economically poor and old persons were especially benefitted. Besides, awareness activities were run for protection from the AIDS through organizing camps in different areas.



13. Women Empowerment and Child Development Programmes and Seminars: To empower

the women, the society had helped them to become empowered through various governmental and non-governmental schemes. Under the 'Beti Bachao, Beti Padhao Abhiyan', the society has functioned various developmental programmes for the female children. By organizing the seminars related to the 'Mahila Shasaktikaran' and 'Bal Majdoori', the society also helped in the benefit of Women Empowerment and Child Development.



14. Daughters Marriage Scheme (Kanya Vivah Yojana): The society has started 'Daughters Marriage Scheme' to help for the marriage of daughters (girls) of economically poor families. Through this scheme, Premdeep Foundation can provide some financial help / amount to the stated families for the marriage of their daughters.



15. Religious Activities: Keeping the 'Dharm Nirpekshata' in mind, the society had participated in various religious activities for the overall development of the country, and the society had played important role to maintain the atmosphere of 'Sarva Dharm Sambhaav' in the public society, as a whole.



16. Seminar: The society had financially sponsored many scholars and students associated with the society to participate in various scientific, educational, literary, cultural and social seminars. By organizing the seminars related to the 'Mahila Shasaktikaran' and 'Bal Majdoori', the society had benefitted several concerned people.



17. Distribution of Food Materials and Clothing: The society distributed several food packets, food items and clothes to many migrant labours and needy people. The food items were given to the economically poor people of different social classes, especially to those who were sick and admitted in the hospitals. By distributing food materials such as ration, fruits, vegetables, etc. to the needy persons of various social groups, hundreds of them were benefitted by the society through different camps and programmes. Shawl, sweater, sadi etc. were distributed to the needy persons.



18. Distribution of Books and other Study Materials to Poor Girl Students: By keeping in mind the concept of ‘Beti Bachao, Beti Padhao Abhiyan’, the poor girl students of villages, towns and cities were given the books, copies, stationery and other study materials as per the need for their educational empowerment.

19. Distribution of School Uniform to Poor Girl Students: The society had distributed school uniform to about 150 poor girl students belonging to different classes of people.

20. Youth Welfare and Sports Aids: The society performed various activities for the welfare, development, financial assistance and guidance to youth. For the welfare of youth, the society helped to provide many government schemes. Simultaneously, the youth were motivated by helping them financially to participate in various games and sports, so that the youth can become the state and national players.